

### Creative and Lateral Thinking:

The workshop aimed to equip the participants with the methods required in order to shift the mentality and increase the brain's ability to inundate ideas, and then establish a system for evaluating ideas and choosing the proper course of action. The workshop was held in various locations including the University of Bahrain as a freelance trainer, for 70 individuals between May and July 2014.

### Be Motivated and Be A Motivator:

The workshop aimed to equip the participants with the methods required in order to become self-motivated and how to unleash the internal energy of the individual to face the difficulties and then proceed with motivating others by using the renowned theories of motivation. The workshop was held in various locations as a freelance trainer, for 55 individuals in June 2014.

### Time Investment:

The workshop aimed to equip the participants with the methods required in order to become successful personal planners based on well-established and studied methods of self-evaluation and then transform those long-term plans to daily activities. The workshop was held in various locations as a freelance trainer, for 25 individuals in June 2014.

### Academic qualifications:

B.Sc. in Business Management from the University of Bahrain (2012 – present)

IATC Train the Trainers Certification (2013)

Arab Certified Quality Manager (2012), Certified in:

- Total Quality Management Tools;
- Core Concepts of Leadership and People Management;
- Strategic Planning in Quality Management;
- Capacity Building for Competence;
- Customer Focus for Business Excellence; and
- Supply Chain Management.